

Pilgrimage to CONSTANTINOPLE

OCT 19-23 | 2026



Join His Eminence
Archbishop Elpidophoros of America
and National Commander
Dr. Anthony J. Limberakis
on a historic pilgrimage
commemorating the

35 Years
of MINISTRY

of His All-Holiness
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SAINT SOPHIA GREEK ORTHODOX CATHEDRAL

ΙΕΡΟΣ ΚΑΘΕΔΡΙΚΟΣ ΝΑΟΣ ΤΗΣ ΤΟΥ ΘΕΟΥ ΣΟΦΙΑΣ

THE V. REV. ARCHIMANDRITE AVGUSTINOS PSOMAS, DEAN
THE REV. GREGORY GATANAS, ASSISTANT PRIEST



WEEKLY BULLETIN
ΕΒΔΟΜΑΔΙΑΙΟ ΔΕΛΤΙΟ

Sunday, September 27, 2026

† V. Rev. Archimandrite Avgoustinos Psomas – Dean of the Cathedral
Αρχιμανδρίτης Αυγουστίνος Ψωμάς - Ιερατικός Προϊστάμενος

Rev. Gregory Gatanas – Assistant Priest
Πατήρ Γρηγόριος Γατανάς - Συνεφημέριος

Janice Calomiris, Parish Council President

2815 36th Street NW Washington, DC 20007 * Office (202) 333-4730

Email: office@saintsophiadc.com Web: www.saintsophiadc.org

SUNDAY, SEPTEMBER 27TH

- Kallistratos the Martyr & his 49 Companions
- Akylina the new martyr of Thessaloniki

ΚΥΡΙΑΚΗ 27 ΣΕΠΤΕΜΒΡΙΟΥ

- Καλλίστρατος Μάρτυς και οι 49 σύν αὐτῶ
- Νεομάρτυρος Ακυλίνης της Θεσσαλονίκης

MEMORIAL SERVICES

- Maria Farmakides (1 year)
- Lance Karavangelos (10 years)

Today's coffee hour is sponsored by the Farmakides family

ΙΕΡΑ ΜΝΗΜΟΣΥΝΑ

- Μαρία Φαρμακίδου (1 ετ.)
- Κλεάνθης Καραβαγγέλος (10 ετ.)

Parish Council Members

Vice-President

Diane Cerniglia

Assistant Vice President

Ioannis Xanthos

Treasurer

Nicholas Margarites

Assistant Treasurer

Alec Economakis

Secretary

Amanda K. Lockhart

Assistant Secretary

Effie Frankowski

Margo Anderson

Thomas Bajis

ΑΝΑΓΝΩΣΜΑΤΑ - READINGS

ΑΠΟΣΤΟΛΙΚΟ ΑΝΑΓΝΩΣΜΑ

Εὐχασθε και ἀπόδοτε Κυρίῳ τῷ Θεῷ ἡμῶν.

Στίχ. Γνωστὸς ἐν τῇ Ἰουδαίᾳ ὁ Θεός,
ἐν τῷ Ἰσραὴλ μέγα τὸ ὄνομα αὐτοῦ.

Πρὸς Κορινθίους β' 6:16-18, 7:1

Ἀδελφοί, ὑμεῖς ἐστε ναὸς Θεοῦ ζῶντος, καθὼς εἶπεν ὁ Θεός ὅτι ἐνοικήσω ἐν αὐτοῖς, καὶ ἐμπεριπατήσω· καὶ ἔσομαι αὐτῶν Θεός, καὶ αὐτοὶ ἔσονται μοι λαός. Διὸ, Ἐξέλθετε ἐκ μέσου αὐτῶν καὶ ἀφορίσθητε, λέγει κύριος, καὶ ἀκαθάρτου μὴ ἅπτεσθε· κἀγὼ εἰσδέξομαι ὑμᾶς, καὶ ἔσομαι ὑμῖν εἰς πατέρα, καὶ ὑμεῖς ἔσεσθέ μοι εἰς υἱοὺς καὶ θυγατέρας, λέγει κύριος παντοκράτωρ. Ταύτας οὖν ἔχοντες τὰς ἐπαγγελίας, ἀγαπητοί, καθαρίσωμεν ἑαυτοὺς ἀπὸ παντὸς μολυσμοῦ σαρκὸς καὶ πνεύματος, ἐπιτελοῦντες ἀγιωσύνην ἐν φόβῳ Θεοῦ.

ΕΥΑΓΓΕΛΙΚΟ ΑΝΑΓΝΩΣΜΑ

Ἐκ τοῦ Κατὰ Λουκᾶν 5:1-11 Εὐαγγελίου

Τῷ καιρῷ ἐκείνῳ, ἐστὼς ὁ Ἰησοῦς παρὰ τὴν λίμνην Γεννησαρέτ, καὶ εἶδε δύο πλοῖα ἐστῶτα παρὰ τὴν λίμνην· οἱ δὲ ἄλιεῖς ἀποβάντες ἀπ' αὐτῶν ἀπέπλυναν τὰ δίκτυα. ἐμβὰς δὲ εἰς ἓν τῶν πλοίων, ὃ ἦν τοῦ Σίμωνος, ἠρώτησεν αὐτὸν ἀπὸ τῆς γῆς ἐπαναγαγεῖν ὀλίγον· καὶ καθίσας ἐδίδασκεν ἐκ τοῦ πλοίου τοὺς ὄχλους. ὥς δὲ ἐπαύσατο λαλῶν, εἶπε πρὸς τὸν Σίμονα· ἐπανάγαγε εἰς τὸ βάθος καὶ χαλάσατε τὰ δίκτυα ὑμῶν εἰς ἄγρην. καὶ ἀποκριθεὶς ὁ Σίμων εἶπεν αὐτῷ· ἐπιστάτα, δι' ὅλης τῆς νυκτὸς κοπιάσαντες οὐδὲν ἐλάβομεν· ἐπὶ δὲ τῷ ῥήματί σου χαλάσω τὸ δίκτυον. καὶ τοῦτο ποιήσαντες συνέκλεισαν πλῆθος ἰχθύων πολὺ· διερρήγνυτο δὲ τὸ δίκτυον αὐτῶν.



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Welcome BACK TO SAINT SOPHIA SUNDAY SCHOOL

IC XC NI KA
WASHINGTON, D.C.

9/13 – FIRST DAY OF SUNDAY SCHOOL

9/27 – AGIASMOS "BLESSING OF THE WATERS" SERVICE FOR THE NEW SUNDAY SCHOOL YEAR

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OCTOBER 4TH

HOUSE OF RUTH
Hope Starts Here
OCTOBER 11TH

CHILD & FAMILY SERVICES AGENCY
Keeping DC Families Together
OCTOBER 18TH

AFTER DIVINE LITURGY

Each 20 minute presentation will be followed by a short Philoptochos General Membership Meeting.
A light lunch will be served.

JOIN US!



it's time for **OLDIES NIGHT**

Please bring your favorite dessert!

OPEN 6PM

17 OCT

Cost per ticket: \$75 and \$35 for YAL
Enjoy hors d'oeuvres, wine, beer & Live Music

Charity Receiving Proceeds is Fellowship of Orthodox Christians United to Serve (FOCUS) DMV Initiative

Sponsored by the Ladies Philoptochos of Saint Sophia Cathedral, Washington, D.C.

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SAINT SOPHIA + ΑΓΙΑ ΣΟΦΙΑ

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LOWER SCHOOL PROGRAM

For Students Ages 3–16

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- Learn to speak, read, and write Greek
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- Develop confidence through interactive learning in a supportive classroom environment

PROGRAM HIGHLIGHTS

- Age-appropriate instruction
- Experienced and dedicated teachers
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- Interactive and engaging lessons
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BEGINNER • INTERMEDIATE • ADVANCED

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CLASSES BEGIN: **SEPTEMBER 12**

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ADULT PROGRAM

CLASSES BEGIN: **SEPTEMBER 12**

CLASSES MEET ONLINE ONLY – SYNCHRONOUS

MOST GROUP CLASSES MEET ON SATURDAYS

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καὶ κατένευσαν τοῖς μετόχοις τοῖς ἐν τῷ ἐτέρῳ πλοίῳ τοῦ ἐλθόντος συλλαβέσθαι αὐτοῖς· καὶ ἦλθον καὶ ἐπλησαν ἀμφοτέρα τὰ πλοῖα, ὥστε βυθίζεσθαι αὐτά. ἰδὼν δὲ Σίμων Πέτρος προσέπεσε τοῖς γόνασιν Ἰησοῦ λέγων· ἐξέλθε ἀπ' ἐμοῦ, ὅτι ἀνὴρ ἁμαρτωλὸς εἰμι, Κύριε· θάμβος γὰρ περιέσχεν αὐτὸν καὶ πάντας τοὺς σὺν αὐτῷ ἐπὶ τῇ ἄγρᾳ τῶν ἰχθύων ἧ συνέλαβον, ὁμοίως δὲ καὶ Ἰάκωβον καὶ Ἰωάννην, υἱοὺς Ζεβεδαίου, οἱ ἦσαν κοινωνοὶ τῷ Σίμωνι. καὶ εἶπε πρὸς τὸν Σίμωνα ὁ Ἰησοῦς· μὴ φοβοῦ· ἀπὸ τοῦ νῦν ἀνθρώπους ἔσῃ ζωγρῶν. καὶ καταγαγόντες τὰ πλοῖα ἐπὶ τὴν γῆν, ἀφέντες ἅπαντα ἠκολούθησαν αὐτῷ.

EPISTLE READING

Make your vows to the Lord our God and perform them.

Verse: God is known in Judah; his name is great in Israel.

Πρὸς Κορινθίους β' 6:16-18, 7:1

Brethren, you are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be my people. Therefore come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says the Lord Almighty."

Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

GOSPEL READING

The Gospel According to Luke 5:1-11

At that time, as Jesus was standing by the lake of Gennesaret, he saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, he asked him to put out a little from the land. And he sat down and taught the people from the boat. And when he had ceased speaking, he said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at your word I will let down the nets." And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all who were with him, at the catch of fish which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid; henceforth you will be catching men." And when they had brought their boats to land, they left everything and followed him.

Fr. Gregory's Sermon Message

"Master, we toiled all night and took nothing! But at Your word I will let down the nets."

-(Luke 5:5)

When Peter spoke these words to Christ, he and his fellow fishermen had been out all night, working to earn their daily bread (in this case, fish), and had nothing to show for it.

How many of us can identify with Peter? We struggle. We carry the burdens of our daily responsibilities and pour all our effort into earning a living, yet at times we feel there is no yield. We come home feeling unfulfilled, empty, and disappointed that despite our efforts we still fall short of our goals. We may grow upset with ourselves and with the world, but we must ask: what are we doing about our situation? Do we keep going our own way, believing we have the expertise and know-how to solve all our problems? Or do we have the humility and the tender heart to surrender our human logic and reason to the power of God?

Had Peter stood only on human logic, he would have rejected Christ's command to 'let down the nets for a catch.' We can imagine what Peter's train of thought could have been—I've been fishing these waters my entire life, I know the winds, the movements of the fish, and the proper time for a catch. I did everything the 'right way' and there was no catch. There are NO fish in the water today. Christ's instruction defied all human reason, yet the Lord did not want Peter to be limited by his earthly knowledge. He wanted him to experience something beyond what the eye can see: the power of God, which surpasses all human understanding.

"At Your Word I will let down the nets." This is the total surrender of Peter to the Lord, the moment where he allowed God to work in his life. It was the same boat, the same nets, the same crew, the same waters. But this time the yield was different, because the Lord was present in the boat, and Peter humbly surrendered all he knew and trusted in His word. Lo, the great miracle. The catch was so great that the nets began to break and the haul began to sink their boats! Peter fell at Jesus' knees and said, "Depart from me, for I am a sinful man, O Lord!" Christ did not depart. Instead, He called Peter to something greater, and Peter left everything to follow Him.

So when we find ourselves feeling like Peter, weary and empty-handed, let us ask whether we have invited the Lord into our boat and whether we are listening to his word. Let us invite the Lord to be with us with every task we tackle and in every situation we find ourselves in. In this way, even the most ordinary daily labor can become the place of His abundance. Amen.

SCHEDULE OF HOLY SERVICES SEPT 27TH – Oct 4TH

ΠΡΟΓΡΑΜΜΑ ΙΕΡΩΝ ΑΚΟΛΟΥΘΙΩΝ 27 ΣΕΠΤ– 4 ΟΚΤ

TUESDAY SEPT 29TH - SAINT KYRIAKOS OF PALESTINE – Service 8 a.m. – 10:00 a.m.

ΤΡΙΤΗ 29 ΣΕΠΤ. – ΑΓΙΟΥ ΚΥΡΙΑΜΚΟΥ ΤΟΥ ΑΝΑΧΩΡΗΤΟΥ - 8 π.μ. – 9:30 π.μ.

FRIDAY Oct.2 – PARAKLESIS SERVICE : 6p.m.

ΠΑΡΑΣΚΕΥΗ 2 ΟΚΤ. - Παράκληση – 6:00 μ.μ.

SUNDAY OCT. 4th – 2nd SUNDAY OF LUKE : Orthros 8:30 a.m - Div. Liturgy 9:30 a.m.

ΚΥΡΙΑΚΗ 4 ΟΚΤ. – 2Η ΚΥΡΙΑΚΗ ΤΟΥ ΛΟΥΚΑ Όρθρος 8:30 π.μ. Θεία Λειτουργία 9:30 π.μ.

ACTIVITIES OF THE WEEK

- Sunday 9/27 - Sunday School Agiasmos Service
- Tuesday 9/29 Greek Baking Committee @ 10:00 am.
- Wednesday 9/30 Adult Catechism @ 6:30 p.m.

STEWARDSHIP

Please be reminded that you must be current with your stewardship obligations to vote at the June Parish Assembly Meeting. While we remain exceedingly grateful for the congregation's generosity, we are falling behind in our projected numbers of stewards and stewardship revenue for the year. Father Steve reminds us that to fulfill our Archdiocese Assessment, keep our lights on, pay our staff, etc., to *"search your innermost heart, please consider the annual operating budget of the Cathedral breaks down to \$3,330 per steward, or just \$9.12 a day."*



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