



SAINT SOPHIA GREEK ORTHODOX CATHEDRAL

THE REVEREND STEVEN P. ZORZOS, D.MIN., PROTOPRESBYTER & PRESIDING PRIEST
THE REVEREND DEACON GABRIEL G. GALIFIANAKIS, M. DIV.



2024 LENTEN SCHEDULE

TRIODION

Saturday, March 9 SATURDAY OF THE SOULS
8:30/10:00AM Orthros and Divine Liturgy for
Meat-Fare Saturday.

Sunday, March 10 MEAT-FARE SUNDAY
8:30/10:00AM Panegyric Orthros and
Hierarchical Divine Liturgy.

Sunday, March 17 CHEESE-FARE SUNDAY
8:30/10:00AM Orthros and Divine Liturgy.

THE GREAT AND HOLY LENT

WEEK 1

Monday, March 18 PURE MONDAY
(NO COMPLINE) SERVICES ARE CANCELED DUE
TO CATHEDRAL CONSTRUCTION

Friday, March 22
7:00PM The First Salutations to the Most Holy
Theotokos.

Sunday, March 24 SUNDAY OF ORTHODOXY
(Procession of Icons)
8:30/10:00AM Orthros and Divine Liturgy for
the First Sunday of the Fast.

WEEK 2

Monday, March 25 THE ANNUNCIATION OF
OUR MOST HOLY LADY THE THEOTOKOS AND
EVER-VIRGIN MARY
8:30/10:00AM Orthros and Divine Liturgy of
Saint
John Chrysostom. (*Doxology commemorating
the National Feast Day celebrating the Greek
revolution of 1821*)

Friday, March 29
7:00PM The Second Salutations to the Most
Holy Theotokos.

Sunday, March 31 COMMEMORATION OF
SAINT GREGORY PALAMAS
8:30/10:00AM Orthros and Divine Liturgy for
the Second Sunday of the Fast.

WEEK 3

Friday, April 5
7:00PM The Third Salutations to the Most Holy
Theotokos.

Sunday, April 7 THE VENERATION OF THE CROSS
(Procession of The Cross)
8:30/10:00AM Orthros and Divine Liturgy for
the Third Sunday of the Fast.



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WEEK 4

Friday, April 12

7:00PM The Fourth Salutations to the Most Holy Theotokos.

Sunday, April 14 COMMEMORATION OF SAINT JOHN OF THE LADDER

8:30/10:00AM Orthros and Divine Liturgy for the Fourth Sunday of the Fast.

Holy and Great Tuesday, April 30

6:30PM Third Bridegroom Service. (Nymphios), Orthros of Holy Wednesday.

Holy and Great Wednesday, May 1

3:30PM Sacrament of Holy Unction.

6:30PM Niptira Service. (Orthros of Holy Thursday)

WEEK 5

Friday, April 19

6:30PM "THE AKATHIST HYMN".

Sunday, April 21 COMMEMORATION OF SAINT MARY OF EGYPT

8:30/10:00AM Orthros and Divine Liturgy. for the Fifth Sunday of the Fast.

Holy and Great Thursday, May 2

8:30AM Vespers and Divine Liturgy of Saint Basil the Great.

6:00PM Orthros of the Passion of the Lord.

Holy and Great Friday, May 3

9:00AM The Great Hours.

11:00AM Vespers of Great Saturday. (The Apokathelosis)

6:30PM Orthros of Great Saturday.

THE GREAT AND HOLY WEEK

Saturday, April 27

8:00/9:00AM Orthros and Divine Liturgy for the Saturday of Lazarus.

Palm Sunday, April 28

8:30/10:00AM Orthros and Divine Liturgy.

6:30PM First Bridegroom Service. (Nymphios), Orthros of Holy Monday.

Holy and Great Monday, April 29

6:30PM Second Bridegroom Service.

(Nymphios), Orthros of Holy Tuesday.

Holy and Great Saturday, May 4

9:00AM Vespers and Divine Liturgy of Saint Basil the Great.

10:45PM The Mesonyktikon Service of the Resurrection.

12:00AM (Midnight) The Service of the Resurrection and the Orthros with the Divine Liturgy of Saint John Chrysostom.

Sunday of Pascha, May 5

11:00AM The Vespers of Love (Agape).