



# SAINT SOPHIA GREEK ORTHODOX CATHEDRAL

THE REVEREND STEVEN P. ZORZOS, D.MIN., PROTOPRESBYTER & PRESIDING PRIEST  
THE REVEREND DIMITRIOS J. LEE, M.DIV., PRESBYTER & ASSISTANT PRIEST



## 2021 LENTEN SCHEDULE

### TRIODION

#### Saturday, March 6

8:30/10:00AM Orthros and Divine Liturgy for Meat-Fare Saturday. (Saturday of the Souls)

#### Sunday, March 7

8:30/10:00AM Orthros and Divine Liturgy for MEAT-FARE SUNDAY

#### Saturday, March 13

8:30/10:00AM Orthros and Divine Liturgy for Cheese-Fare Saturday. (2<sup>nd</sup> Saturday of the Souls)

#### Sunday, March 14

8:30/10:00AM Orthros and Divine Liturgy for CHEESE-FARE SUNDAY

### THE GREAT AND HOLY LENT

#### WEEK 1

#### Pure Monday, March 15

10:00AM Service of the Great Compline.  
11:00AM Lenten Retreat.

#### Wednesday, March 17

6:00PM Vespers and Divine Liturgy of Presanctified Gifts.

#### Friday, March 19

7:00PM The First Salutations to the Most Holy Theotokos.

#### Saturday, March 20

8:30/10:00AM Orthros and Divine Liturgy for Saturday of the First Week of Lent. (3<sup>rd</sup> Saturday of the Souls)

#### Sunday, March 21

8:30/10:00AM Orthros and Divine Liturgy for the First Sunday of the Fast. (SUNDAY OF ORTHODOXY)

#### WEEK 2

#### Monday, March 22

6:00PM Great Compline.

#### Wednesday, March 24

6:00PM Great Vespers of the Annunciation of the Theotokos.

#### Thursday, March 25

8:30/10:00AM Orthros and Divine Liturgy for THE ANNUNCIATION OF OUR MOST HOLY LADY THE THEOTOKOS AND EVER-VIRGIN MARY.  
*(National Feast Day celebrating the Greek revolution of 1821)*

#### Friday, March 26

7:00PM The Second Salutations to the Most Holy Theotokos

#### Sunday, March 28

8:30/10:00AM Orthros and Divine Liturgy for the Second Sunday of the Fast. (OF SAINT GREGORY PALAMAS)

#### WEEK 3

#### Monday, March 29

6:00PM Great Compline.

#### Wednesday, March 31

6:00PM Vespers and Divine Liturgy of Presanctified Gifts.



**THE GREAT AND HOLY WEEK**

**Friday, April 2**

**7:00PM** The Third Salutations to the Most Holy Theotokos.

**Sunday, April 4**

**8:30/10:00AM** Orthros and Divine Liturgy for the Third Sunday of the Fast.  
(THE VENERATION OF THE CROSS)

**WEEK 4**

**Monday, April 5**

**6:00PM** Great Compline.

**Wednesday, April 7**

**6:00PM** Vespers and Divine Liturgy of Presanctified Gifts.

**Friday, April 9**

**7:00PM** The Fourth Salutations to the Most Holy Theotokos.

**Sunday, April 11**

**8:30/10:00AM** Orthros and Divine Liturgy for the Fourth Sunday of the Fast.  
(OF SAINT JOHN OF THE LADDER)

**WEEK 5**

**Monday, April 12**

**6:00PM** Great Compline.

**Wednesday, April 14**

**6:00PM** Vespers and Divine Liturgy of Presanctified Gifts.

**Friday, April 16**

**6:30PM** "THE AKATHIST HYMN"

**Sunday, April 18**

**8:30/10:00AM** Orthros and Divine Liturgy for the Fifth Sunday of the Fast.  
(OF SAINT MARY OF EGYPT)

**Saturday, April 24**

**8:30/10:00AM** Orthros and Divine Liturgy for the Saturday of Lazarus.

**Palm Sunday, April 25**

**8:30/10:00AM** Orthros and Divine Liturgy.  
**6:30PM** First Bridegroom Service (Nymphios), Orthros of Holy Monday.

**Holy and Great Monday, April 26**

**6:30PM** Second Bridegroom Service (Nymphios), Orthros of Holy Tuesday.

**Holy and Great Tuesday, April 27**

**6:30PM** Third Bridegroom Service (Nymphios), Orthros of Holy Wednesday.

**Holy and Great Wednesday, April 28**

**9:30AM** Vespers and Divine Liturgy of Presanctified Gifts.

**3:30PM** Sacrament of Holy Unction.

**6:30PM** Niptira Service.

(Orthros of Holy Thursday)

**Holy and Great Thursday, April 29**

**8:30AM** Vespers and Divine Liturgy of Saint Basil the Great.

**6:00PM** Orthros of the Passion of the Lord.

**Holy and Great Friday, April 30**

**9:00AM** The Great Hours.

**11:00AM** Vespers of Great Saturday.

(The Apokathelosis)

**6:30PM** Orthros of Great Saturday.

**Holy and Great Saturday, May 1**

**9:00AM** Vespers and Divine Liturgy of Saint Basil the Great.

**10:45PM** The Mesonyktikon Service of the Resurrection

**12:00AM (Midnight)** The Service of the Resurrection and the Orthros with the Divine Liturgy of Saint John Chrysostom.

**Sunday of Pascha, May 2**

**11:00AM** The Vespers of Love (Agape).