

The Tech-Wise Family; Everyday Steps for Putting Technology in Its Proper Place

Were you having problems with healthy limits on technology use before the pandemic?

Are you having issues now?

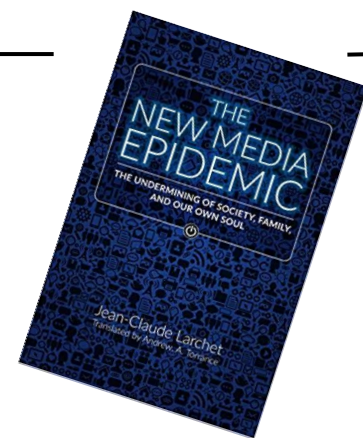
You will get practical tips for your family to become tech-wise instead of being held captive by technology.

“This book is about much more than just social media, or even screens. It’s about how to live as full, flourishing human beings. Maybe it will even turn out that in this quest for flourishing, technology in its proper place can help.”

[Short introductory video](#)

Available for purchase as [hardcover](#).

The New Media Epidemic; The Undermining of Society, Family, and Our Own Soul



Dr. Jean-Claude Larchet, renowned for his examinations of the causes and consequences of spiritual and physical illness, tackles the pressing question of the societal and personal effects of our societal use of new media. The definition of new media is broad—from radio to smart phones—and the analysis of their impact is honest and straightforward. His meticulous diagnosis of their effects concludes with a discussion of the ways individuals might limit and counteract the most deleterious effects of this new epidemic.”

Available for purchase as [paperback](#).

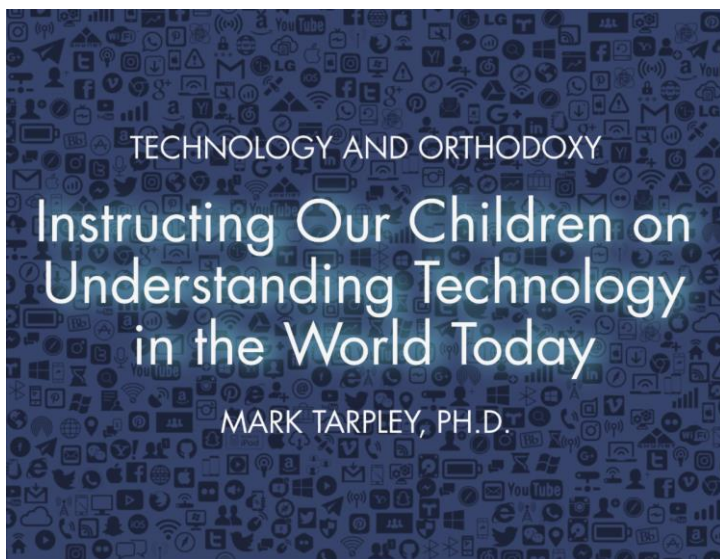
Saint Kosmas Orthodox Education Association presents
a seven-part lecture series on
Raising Children in the Technological Age
VIDEOS ARE ONLINE NOW!



Lecture #2

[Instructing Our Children on Understanding Technology in the World Today](#)

Mark Tarpley, Ph.D.

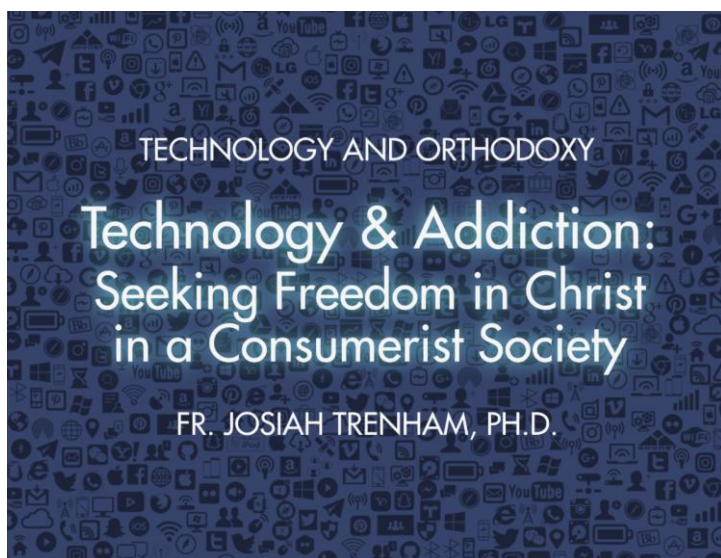


Helping our children understand the world of technology today requires more than creating a list of do's and don'ts about the uses and dangers of technology. We have to support our children in understanding the historical and philosophical context in which our technological world has given birth in an accessible and easy to understand way. [Read more.](#)

Lecture #3

[Technology and Addiction: Seeking Freedom in Christ in a Consumerist Society](#)

Fr. Josiah Trenham, Ph.D.



We live in a consumerist society in which addictions of all kinds are widespread, and our enslavement to digital media such as the smartphone is no exception. Yet, the gospel calls us to a life of self-denial for the sake of Christ in order to find true freedom. In this session, Fr. Josiah Trenham will reflect on the challenge of technological addiction in our lives today and... [Read more.](#)

For Lecture #1, visit ["How Technology Reaches Deeper Than We Think."](#)
For the entire series, visit saintkosmas.org/technology-and-orthodoxy

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Inspirational Stories for Children of All Ages;
reading by Dr. Chrissi Hart.

This program/podcast concentrates on
Orthodox Christian books
and other classic literature
from a variety of sources.

